



## COMPETITOR INFORMATION THE CERBERUS SWIM CLASSIC

### HOW TO ENTER

Enter and pay online, <https://www.registernow.com.au/secure/Register.aspx?E=23338>, before 5 pm on 24 February 2017. Print out your receipt and present it at the registration tent at least 30 minutes prior your event on race day. Entries may be accepted on the day at a higher cost. If entry numbers are large then entries taken on the day may be restricted. 2.5km is restricted to 300 entries.

### REGISTRATION ON THE DAY

Present your receipt at the registration tent. The tents will be clearly marked and situated on the sand past the Half Moon Bay Clubhouse.

Your entry number will be written on your arm or hand (if wearing wetsuits). This must be clearly visible during the race.

Collect your event T-Shirt, swim cap (colour coded for each age group) and participant bag. Bags/T-Shirts will be provided to the first 550 competitors who enter online.

Collect your timing band. This must be worn on your ankle during the swim and returned to race officials as you finish through the finish gate & timing sensor. If you fail to return the timing band you will be charge \$30.00. All series entrants for the Great Victorian Swim Series must also return timing bands at the end of your race. If you are swimming in the 2.5km and the 1.2km race, keep your timing band until after the 1.2km race.

### COURSE

Course maps are shown on the Half Moon Bay Website. Maps will also be displayed at the registration desk. A large course map will also be displayed near the Clubhouse.

Please study the map. Swimmers will swim 1 lap of the course in both the 2.5km swim and the 1.2km swim. Making sure that the buoys are kept to your left hand side throughout the race. The start will be a run into the water.

### FINISH

The Finish Gate is located on the beach to the right of the registration tents. Finish times are registered by running across the sensor just before the finish gate. Move

past the gate to register an accurate finish time. If you lose your timing band, advise the Finish Marshals to record your finish time

## **SAFETY**

Members of the Half Moon Bay Lifesaving Club will be present with powered water craft, boards & surf skis at various points along the course. **Swimmers requiring assistance should raise their arm to attract attention.** Medical staff will be located in a tent adjacent to the finish area. Patrolling lifeguards will also be located in the lifeguard lookout to the right of the clubhouse.

All swimmers entering on the day in both the 1.2km & 2.5km open water swims must complete a waiver indicating that they are physically capable of completing the event safely and in reasonable time. (This is also part of the online registration process. Swimmers are reminded that conditions in an open water swim can be more difficult and water temperatures can be cooler than in a pool environment.) **It is recommended that you wear a wetsuit for extra warmth.**

Swimmers under 18 years must provide the consent of their parent or responsible adult when entering on-line or at registration on the day. Swimmers will receive a colour-coded swim cap to define their swim wave. Swim caps must be worn for the duration of the event.

## **WEATHER**

The organisers reserve the right to modify the course layout or to cancel the event if the Water Safety Committee considers that the event cannot safely proceed as planned. In the event of cancellation, entry fees will not be refunded.

## **SWIM RULES**

Have fun and please maintain the spirit of friendly competition. This should be maintained throughout the event. Any unsportsmanlike conduct will be grounds for immediate disqualification. Decisions of the event officials are final and not subject to appeal.

No swimming aids are allowed. This includes, but is not limited to fins, boards, snorkels, flotation gear and personal support teams.

Wetsuits are recommended but not essential. Goggles are not mandatory, but are recommended.

Swimmers will be required to have an official race number on their arm, or hand which must remain on the individual throughout the event. No swimmer shall be recorded as a finisher unless they are wearing the timing band and number on their arm/hand.

Swimmers are required to wear the official colour-coded swim cap provided at registration.

Organisers reserve the right to accept, reject or cancel entries.

Swimmers must swim the course as marked and outlined on the course map. Any variations to the course will be announced at the start line.

No personal escorts throughout the race will be allowed. There will be numerous lifesavers in the water to assist you.

Lifesavers and race officials shall have the ultimate and final authority to remove a competitor from the race if the competitor is judged to be physically incapable of continuing the race without the risk of injury.

Entry Fees are non-refundable

## **PARKING**

There is limited Bayside Council ticketed parking in the car park on down the ramp at Half Moon Bay. There is also parking along Beach Road (10am onwards). (Free for Bayside residents with a Bayside Resident parking sticker). There is free parking in the adjoining streets. Take care to observe any parking restrictions.

## **RESULTS**

Swim times will be recorded using the timing band. Placings will be announced at the awards presentation for each event.

Official results and times for all entrants will be available on the official website after the event.

The website also has links to the official results for all prior events.

## **EVENT PARTNERS**

Half Moon Bay would like to thank the following sponsors and supporters of the Cerberus Swim Classic. Please support these businesses as a thank you for providing the support to make ***The Cerberus Swim*** a great event.

**Monjon**

**Jolyn**

**2XU**

**Camm Upholstery**

**Crunch Fitness**

**Muscular Health & Balance**

**Black Rock Foot & Ankle Clinic**

**ACGoulding**

**Bayside Aquatics**

**Chobani**

**Cousins Tours & Travel**

**Swimming Victoria**

**Lifesaving Victoria**